

### Formats and Labels for Variables in Table 1

Variables	Format	Format Definition	Label
<b>Demographic information:</b>			
ADAGEND	GEND	0: Male ; 1: Female ; -1: Both	3. What is your gender
AGE			Age, years
SITE		Clinical Site (1: UCSF; 2: Northwestern U)	STUDY SITE
ADABORN10	BIRTHP10F	0: Bangladesh ; 1: India ; 2: Nepal ; 3: Pakistan ; 4: Sri Lanka ; 5: United States ; 6: Sub-Saharan Africa ; 7: Fiji Islands ; 8: Burma ; 9: other Diaspora country	Birthplace
INDIAN	INDIAN	1: North ; 2: South ; 3: Unknown Indian state or not born in India	Geographic area of India: 1. North Indian, 2. South Indian, 3. Unknown
RELIGIOUSAFF	Religious affiliation	1=Hinduism; 2=Sikhism; 3=Islam; 4=Jainism; 5=Christianity; 6=Other (Buddhism, Zoroastrianism); 7=multiple; 8=none	Religious affiliation
ADBEDUC	EDUC	0-3: <= High school ; 4-6: < Bachelor's degree ; 7: = Bachelor's degree ; 8: > Bachelor's degree	Education
BACHELORS	YESNO	0: ~No ; 1: Yes	Bachelor's Degree or higher
MPCINCO	MPCINCO	0: Less than \$5,000 ; 1: \$5,000 - \$7,999 ; 2: \$8,000 - \$11,999 ; 3: \$12,000 - \$15,999 ; 4: \$16,000 - \$19,999 ; 5: \$20,000 - \$24,999 ; 6: \$25,000 - \$29,999 ; 7: \$30,000 - \$34,999 ; 8: \$35,000 - \$39,999	10. Income
INCCAT	INCCAT	1: <\$40k ; 2: \$40-75k ; 3: \$75-100k ; 4: >100k	Income Category
INCOME75	YESNO	0: ~No ; 1: Yes	Family income >= \$75,000
ANYINSURANCE			any insurance
MPBMSTA	MPBMSTA	0: Married ; 1: Living as married ; 2: Living with partner ; 3: Separated ; 4: Widowed ; 5: Single ; 6: Divorced ; R: Refused	5. What is your marital status
MARITAL	MARITAL	0: married or living as married or living with part; 1: separated or divorced ; 2: widowed ; 3: single ; 4: refused	Marital status
PM	YESNO	0: ~No ; 1: Yes	post-menopausal status (women)
HXMI	YESNO	0: ~No ; 1: Yes	first degree relative with history of heart attack
<b>Physical exam measurements:</b>			
BMI			Body Mass Index (kg/m <sup>2</sup> )
BMICAT	BMICAT	~Normal: Less than 25 ; Overweight: 25-<30 ; Obese: 30 or more	BMI Categorical

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<b>BMIASIANCAT</b>	BMIASIAN	~Normal: Less than 23 ; Overweight: 23-<27.5 ; Obese: 27.5 or more	BMI Categorical (Asian)
HEIGHTM			
WEIGHTKG			
WAISTCM			Waist circumference (cm)
HIPCM			Hip Girth (cm)
WHR			Waist-Hip Ratio
SYSTOLIC			Systolic blood pressure (mmHg)
DIASTOLIC			Diastolic blood pressure (mmHg)
<b>Lifestyle Behaviors:</b>			
<b>SMOKECAT</b>	CIG1C	0:NEVER ; 1:FORMER ; 2:CURRENT	CIGARETTE SMOKING STATUS
ALCOHOL	YESNO	0: ~No ; 1: Yes	Alcohol (1+ Drinks/week)
ALCCATEG	ALC3F	0:NO CONSUMPTION ; 1:1-7 DRINKS/WK ; 2:>7 DRINKS/WK	CURRENT ALCOHOL CONSUMPTION CATEGORY
MTBCUNUM			15. Usual number of drinks per week
<b>EXERCISE</b>			Exercise (MET-min/week)
EXERCISER			Rank for Variable Exercise
<b>EXERCISE_MESA</b>			exercise harmonized in MESA
<b>MPPAMET</b>			Physical activity MET min/wk—total PA
MODERATE_PA			Moderate physical activity
VIGOROUS_PA			Vigorous physical activity
MODVIG_PA			Moderate/Vigorous physical activity
ANYVIGOROUSPA	YESNO	0: ~No ; 1: Yes	any vigorous physical activity
DAYSVIGOROUSPA			Days per week spent doing any vigorous activity
HOURSVIGOROUSPA			Hours per day doing vigorous PA
EXTVMIN			TV watching (min/week)
MPGENMET			General activities MET min/wk

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MPWRMET			Occupation-paid work MET min/wk
MPVOMET			Volunteer activity MET min/wk
PA_GBD	PA_GBD	0: <600 MET-min/week ; 1: 600 to <4,000 ; 2: 4,000 to <8,000 ; 3: >=8,000	physical activity with GBD categories, inactive, low, mod, high activity
<b>Acculturation variables:</b>			
HINDIURDU	YESNO	0: ~No ; 1: Yes	Language spoken at Exam visit
MPAENG3	HOWWELLF	1:Not at all/Poorly ; 2:Fairly Well ; 3:Well/Very Well	English language fluency
<b>ADAUSY</b>		continuous	Years lived in the U.S.
ADAUSYC	ADAUSYCF	1:0-10 YRS ; 2:>10-20 YRS ; 3:>20-30 YRS ; 4:>30-40 YRS ; 5:>40 YRS	Categories of years lived in the U.S.
<b>ADAUSPER</b>		continuous	Percentage of life lived in the U.S.
ADAUSPCC	ADAUSPCF	1:0-20% ; 2:>20-40% ; 3:>40-60% ; 4:>60-80% ; 5:>80-100%	
ACAFASTO	ACAFASTO	1: Two or three times per week ; 2: About once a week ; 3: About once or twice per month ; 4: Less than once a month ; 5: Once a year for a specific period ; 6: Almost never or never	2. How often do you fast
ACAFOODH	ACAFOODH	1: Only South Asian food ; 2: Mostly South Asian food ; 3: Equally South Asian and Other ; 4: Mostly Other food ; 5: Only Other food ; 6: Never eat at home	3. What food do you normally or usually eat at home
ACBFOODR	ACBFOODR	1: Only South Asian food ; 2: Mostly South Asian food ; 3: Equally South Asian and Other ; 4: Mostly Other food ; 5: Only Other food ; 6: Never eat at restaurant	4. What food do you normally or usually eat in restaurants
ACBEATOUT	ACBEAT	1: 2 or 3 times a week ; 2: Once a week ; 3: Less than once a week	5. How many times in a week do you eat out
ACBSHOP	ACAFASTO	1: Two or three times per week ; 2: About once a week ; 3: About once or twice per month ; 4: Less than once a month ; 5: Once a year for a specific period ; 6: Almost never or never	6. How often does your family shop South Asian grocery
ACBFRIENDS	FRIENDS	1: Only South Asian ; 2: Mostly South Asian ; 3: Equally South Asian and Other ; 4: Mostly Other ; 5: Only Other	7. Which country/culture friends belong to
<b>SUMCULTURALTRAD</b>		Continuous (low is more traditional, high is less traditional beliefs)	Sum of traditional cultural beliefs measures
<b>SUMCULTURALTRADC</b>	CTC	1: 0-8 Most/All of the time ; 2: 9-18 Some of the time ; 3: 19-28 None/A little of the time	Sum of cultural traditions measures

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CLASS_NEW	CLASS_P	1: Assimilation ; 2: Separation ; 3: Integration classes (derived by Dr. Belinda Needham)	Acculturation Class Predicted by LCA model (new, more comprehensive) updated in 2019
P1_NEW			Probability of the subject being in Class 1: Assimilation (new, more comprehensive) updated in 2019
P2_NEW			Probability of the subject being in Class 1: Separation (new, more comprehensive) updated in 2019
P3_NEW			Probability of the subject being in Class 1: Integration (new, more comprehensive) updated in 2019
<b>Calculated risk factor measures:</b>			
DIABCAT	DIABCAT	0: ~Normal ; 1: Pre-diabetes (IFG) ; 2: Diabetes	DM class with serum glucose (100/126)
DIABCATQ	DIABCAT	0: ~Normal ; 1: Pre-diabetes (IFG) ; 2: Diabetes	DM class with plasma glucose ( <b>MESA</b> )
DMGROUPQ	DMGROUPQ	0 Normal ; 1 IGT Only ; 2 IFG Only ; 3 IGT and IFG ; 4 DM-Quest ; 5 DM-Meds	Glucose tolerance categories (OGTT)
DMGROUPQ3V1A	DIABCATF	0: ~Normal ; 1: Pre-diabetes (IFG and/or IGT) ; 2: Diabetes	<b>Glucose tolerance with plasma glucose or serum glucose if missing plasma values — best choice</b>
DMGROUPQ3V1A_NEW	DIABCATF	0: ~Normal ; 1: Pre-diabetes (IFG and/or IGT) ; 2: Diabetes	DMGROUPQ3v1a+HbA1c, using fasting glucose, 2-hr glucose, and HbA1c by ADA criteria
DMDURATION			has had duration of known diabetes diagnosis (years): if dmgroupq3v1 not DM then missing, if dmgroupq3v1=DM and AMBDIAGE then zero
DIABFAMILYHX	YESNO	0: ~No ; 1: Yes	Family History of Diabetes (Parents and Siblings)
AMCDIAP	YESNO	0: ~No ; 1: Yes	Gestational diabetes by self-report
HYPERTENSION	YN	0 No ; 1 Yes	hypertension, >=140/90, on med
HYPERTENSION2	YN	0 No ; 1 Yes	hypertension (NCEP criterion), >=130/85, on med

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CHOLCONTROL2	YESNO	0: ~No ; 1: Yes	CONTROLLED HYPERLIPIDEMIA
METSYN2	YESNO	0: ~No ; 1: Yes	Metabolic Syndrome using 102 cm cutpoint for male waist
<b>Medication inventory categories:</b>			
DM_MED	YESNO	0: ~No ; 1: Yes	Diabetes medication use
INSULIN_MED	YESNO	0: ~No ; 1: Yes	Insulin medication use
NONINSULIN_DM_MED	YESNO	0: ~No ; 1: Yes	Non-Insulin diabetes medication use
METFORMIN_DM_MED	YESNO	0: ~No ; 1: Yes	Metformin medication use
HTN_MED	YESNO	0: ~No ; 1: Yes	Hypertension medication use
HTNMED2	YESNO	0: ~No ; 1: Yes	2 or more HTN meds
STATIN_MED	YESNO	0: ~No ; 1: Yes	Statin medication use
FIBRATENIACIN_MED	YESNO	0: ~No ; 1: Yes	Fibrate Niacin medication use
ANTIDEP_MED	YESNO	0: ~No ; 1: Yes	Antidepressant medication use
ACEI_ARB	YESNO	0: ~No ; 1: Yes	ACEI/ARB
CHOLMED	YESNO	0: ~No ; 1: Yes	any use of statin, fibrate, niacin, ezetimibe or colessevelam
ASAMED	YESNO	0: ~No ; 1: Yes	Aspirin
ANYCHOLMED	YESNO	0: ~No ; 1: Yes	Any chol med
MEDANTD_SSRI	YESNO	0: ~No ; 1: Yes	SSRIs: Celexa, Lexapro, Prozac, Paxil, Zoloft, Luvox, fluoxetine, citalopram, ESCITALOPRAM, SERTRALINE
MEDANTD_TRC	YESNO	0: ~No ; 1: Yes	Tricyclics: amitriptyline, nortriptyline, imipramine, Clomipramine, ELAVIL
MEDANTD_SNRI	YESNO	0: ~No ; 1: Yes	SNRIs/Other antidepressants: Wellbutrin, Effexor, Remeron, Cymbalta, veniafaxine, bupropion, Effexor, VENLAFAXINE, trazodone, trileptal
MEDANTE_TRAN	YESNO	0: ~No ; 1: Yes	Minor tranquilizers: Valium, alprazolam, lorazepam

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<b>Laboratory tests:</b>			
MVACAL		Quest lab	Calcium result
<b>MVACRE</b>		Quest lab	Creatinine (mg/dL) result
MVAGLU		Quest lab	serum glucose (Quest)
MVAHBA		Quest lab	HbA1c (%)
MVASOD		Quest lab	Sodium result
MVBALB		Quest lab	Albumin result
MVBALK		Quest lab	Alkaline Phosphatase result
<b>MVBALT</b>		Quest lab	ALT result
MVBAST		Quest lab	AST result
MVBBIL		Quest lab	Bilirubin, Total result
MVBCHL		Quest lab	Chloride result
MVBCO2		Quest lab	CO2 result
MVBGLO		Quest lab	Globulin result
MVBLDH		Quest lab	LDH result
MVBPHO		Quest lab	Phosphorus result
MVBPOT		Quest lab	Potassium result
MVBPRO		Quest lab	Protein, Total result
MVBURI		Quest lab	Uric Acid result
MVCCHO		Quest lab	Cholesterol/HDL Ratio result
MVCGGT		Quest lab	GGT result
<b>MVCHDL</b>		Quest lab	HDL-cholesterol (mg/dl)
<b>MVCLDL</b>		Quest lab	LDL-cholesterol (mg/dl)
<b>MVCTCH</b>		Quest lab	Total Cholesterol (mg/dl)
<b>MVCTRI</b>		Quest lab	Triglycerides (mg/dl)
PLASMA_GLUCOSE_0			fasting glucose
PLASMA_GLUCOSE_01			fasting glucose (round to a whole number)

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PLASMA_GLUKOSE_120			2hr glucose
PLASMA_GLUKOSE_1201			=2hr glucose (round to a whole number)
<b>CT scan measures (CAC and liver fat):</b>			
<b>CAC</b>			CAC score (unadjusted)
CACCAT	CAC	0: Zero score ; 1-10 ; 11-100 ; 101-500 ; 501-1,000 ; >1,000	CAC score category
LNCAC			Ln(Cac + 1)
ANYCAC	YESNO	0: ~No ; 1: Yes	ANY CAC, CAC Score>0
<b>CACCAT3</b>	CACCAT3F	1:CAC SCORE 0 ; 2:CAC SCORE 1-400 ; 3:CAC SCORE >400	CAC 3 CATEGORIES
<b>CACCAT4</b>	CACCAT4F	1:CAC SCORE 0 ; 2:CAC SCORE 1-99 ; 3: 2:CAC SCORE 100-399 ; 4: 3:CAC SCORE >400	CAC 4 CATEGORIES
CACCAT6	CACCAT6F	1:CAC SCORE 0 ; 2:CAC SCORE 1-10 ; 3:CAC SCORE 11-100 ; 4:CAC SCORE 101-400 ; 5:CAC SCORE 401-1000 ; 6:CAC SCORE >1000	CAC 6 CATEGORIES
CAC_ASA_AGATSTON		Ascending Aorta Agatston score	ASA_Agatston
CAC_ASA_VOLUME		Ascending Aorta calcium volume	ASA_Volume
CAC_AVC_AGATSTON		Aortic valve Agatston score	AVC_Agatston
CAC_AVC_VOLUME		Aortic valve	AVC_Volume
CAC_AVRING_AGATSTON		Aortic valve ring Agatston score	AVRING_Agatston
CAC_AVRING_VOLUME		Aortic valve ring	AVRING_Volume
CAC_DSA_AGATSTON		Descending aorta Agatston score	DSA_Agatston
CAC_DSA_VOLUME			DSA_Volume
CAC_LAD_AGATSTON		LAD Agatston score	LAD_Agatston
CAC_LAD_VOLUME			LAD_Volume
CAC_LCX_AGATSTON		Left circumflex Agatston score	LCX_Agatston
CAC_LCX_VOLUME			LCX_Volume
CAC_LM_AGATSTON		Left Main Agatston score	LM_Agatston
CAC_LM_VOLUME			LM_Volume

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CAC_MVC_AGATSTON		MV circumflex Agatston score	MVC_Agatston
CAC_MVC_VOLUME			MVC_Volume
CAC_RCA_AGATSTON		Right coronary artery Agatston score	RCA_Agatston
CAC_RCA_VOLUME			RCA_Volume
<b>CAC_TOTAL_CAC_AGATSTON</b>			Total CAC score (Agatston units)
CAC_TOTAL_CAC_VOLUME			Total CAC volume
CAC_TOTAL_TAC_AGATSTON		Thoracic aorta calcification	Thoracic Aortic Calcification (Agatston units)
CAC_TOTAL_TAC_VOLUME			CAC_Total_TAC_Volume
ANYAVC		Any aortic valve calcium	Any AVC
<b>LIVERFAT_MEAN</b>	BEST	Continuous measure in HU	liver fat attenuation (HU)
<b>FATTY_LIVER</b>	YESNO	0: ~No ; 1: Yes	Fatty liver (HU<40)
<b>Psychological measures:</b>			
<b>AMASCALE</b>		Continuous (higher is better)	1. Health scale
SELFRATEDHEALTH	SELFRATEDHEALTH	1: poor-fair ; 2: good-excellent	Self-rated Health: 1-6 vs. 7-10
<b>ANGER</b>		continuous	Spielberger trait anger scale (10-40)
<b>ANXIETY</b>		continuous	Spielberger trait anxiety scale (10-40)
ANXIETYCAT	ANXIETY	0: <22 ; 1: >=22	Anxiety symptoms
BURDEN		Ordinal	Chronic burden (0-5)
BURDEN6M		Ordinal	Chronic burden for at least 6 months (0-5)
<b>CESD</b>		continuous	CES-D depression scale (0-60)
CESDCAT	DEPRESSION	0: <16 ; 1: >=16	CES-D depressive symptoms
SUPPORT		Continuous	Emotional support index (6-30)
<b>HASSLE</b>		continuous	Everyday hassles (9-54), same as discrimination/unfair treatment



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SUMSOCIALSUPPORT	SSS	0-9 None/A little of the time ; 10-16 Some of the time ; 17-24 Most/All of the time	Sum of social support measures
New Mental Health measures (Exam 1A and 2 only, from Templeton consortium):			
SF12_PCS		SF-12 physical health component	SF12 PCS
SF12_MCS		SF-12 mental health component	SF12 MCS
CTQ_EMOTIONAL_ABUSE_C	CTQ_CAT	Childhood Trauma questionnaire	category CTQ emotional abuse
CTQ_EMOTIONAL_NEGLECT_C	CTQ_CAT	Childhood Trauma questionnaire	category CTQ emotional neglect
CTQ_PHYSICAL_NEGLECT_C	CTQ_CAT	Childhood Trauma questionnaire	category CTQ physical neglect
CTQ_SCORE_RAW		Childhood Trauma questionnaire	CTQ score
CTS2_BWHS_11		Conflict Tactics Scale, from Black Women's Health Study	CTS2 score under 11
CTS2_BWHS_18		Conflict Tactics Scale, from Black Women's Health Study	CTS2 score under 12-18
CTS2_BWHS_B	CTS2_B	Conflict Tactics Scale, from Black Women's Health Study	binary CTS2 childhood abuse variable<18
CTS2_BWHS_C	CTS2_C	Conflict Tactics Scale, from Black Women's Health Study	categorical CTS2 childhood abuse variable<18
DEPRESS_SCOREV2		Mental Health Inventory, depression screen	MHI3 depression score (0-100)
DEPRESS_SYMV2	DEPRESS_SYM	Mental Health Inventory, depression screen	category MHI3 depression symptom
Dietary variables from SHARE FFQ:			
CALORIES			FFQ Nutr: Total energy (kCals)
CAL_PERDAY_E			FFQ Nutr: Total energy (kCals) (not including brown rice and quinoa)
CAL_PERDAY_I			FFQ Nutr: Total energy (kCals) (including brown rice and quinoa)
DPATTERN		Pending	
PRUDENT		Pending	
RICEANDSWEET		Pending	
WESTERN		Pending	

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<b>AHEI_SCORE_I</b>		AHEI-2010 score (by Luis Rodriguez)-use if combining with Exam 2	AHEI-2010 component score (including brown rice and quinoa)
CAL_PERDAY_I			FFQ Nutr: Total energy (kCals) (including brown rice and quinoa)
CALS_DAY_I			total energy intake, kcal/day (including brown rice and quinoa)
<b>AHEI_SCORE_E</b>		AHEI-2010 score (by Luis Rodriguez)—use if combining with Exam 1	AHEI-2010 component score (not including brown rice and quinoa)
CAL_PERDAY_E			FFQ Nutr: Total energy (kCals) (not including brown rice and quinoa)
<b>DASH</b>		DASH Diet score (by Bridget Hussain Murphy)	DASH Diet Concordance Score (Range 8-40)
DAIRY_TOT			Daily servings dairy
DAIRY5			5 Quintiles of dairy_tot
FRUIT_TOT			Medium servings of fruit/day
FRUIT5			5 Quintiles of fruit_tot
GRAINS_TOT			Medium servings of whole grains/day
GRAINS5			5 Quintiles of grains_tot
LEGUMES_TOT			Daily servings legumes
LEGUMES5			5 Quintiles of legumes_tot
MEAT_TOT			Daily servings meat
MEAT5			5 Quintiles of meat_tot (reverse scoring)
SODIUM			FFQ Nutr: Sodium (Mg)
SODIUM5			5 Quintiles of sodium (reverse scoring)
SSB_TOT			Daily servings Sugar Sweetened Beverages
SSB5			5 Quintiles of ssb_tot (reverse scoring)
VEGETABLE_TOT			Medium servings of vegetables/day
VEG5			5 Quintiles of veg_tot
EAANIMPRO			FFQ energy adjusted animal protein (g)
EACARB			FFQ energy adjusted carbohydrate (g)

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EACHOL			FFQ energy adjusted cholesterol (Mg)
EAGL			FFQ energy adjusted glycemic load (g)
EAFIBER			FFQ energy adjusted insoluble fiber (g)
EAMFAT			FFQ energy adjusted mono fat (g)
EAPFAT			FFQ energy adjusted poly fat (g)
EAPROT			FFQ energy adjusted protein (g)
EASFAT			FFQ energy adjusted saturated fat (g)
EASFIBER			FFQ energy adjusted soluble fiber (g)
EASUGAR			FFQ energy adjusted sugar (g)
EATFAT			FFQ energy adjusted total fat (g)
EATFIBER			FFQ energy adjusted total fiber (g)
EATRANS			FFQ energy adjusted trans fat (g)
EAVEGPRO			FFQ energy adjusted vegetable protein (g)
<b>Calculated risk scores:</b>			
ASCVD10Y			10YR RISK OF ASCVD USING POOLED COHRT EQ
ASCVDHI	YESNO	0: ~No ; 1: Yes	HIGH 10-YR RISK OF ASCVD ( $\geq 7.5\%$ )
PCPHF			PCP-HF 10-year predicted risk of HF
EGFRCKDEPISINGLE			EGFR using the CKD equation
EGFRCKDEPISINGLECAT	EGFR	0 - 45 ; 45 - 60 ; > 60	EGFR using the CKD equation
EGFRMDRD			EGFR using the MDRD equation
EGFRMDRDCAT	EGFR	0 - 45 ; 45 - 60 ; > 60	EGFR using the MDRD equation
CKD_EPI			CKD-EPI
CKD	CKD	0: <30 ; 1: 30-45 ; 2: 45-60 ; 3: 60-90 ; 4: >90	CKD stage
LS7			LS7 composite score (ideal, intermediate or poor)

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LS7CAT	LS7CAT	1: poor ; 2: intermediate ; 3: ideal	cumulative LS7 categories (poor, intermediate, ideal)
LS7_ASIAN			LS7 composite score (ideal, intermediate or poor) with Asian BMI cut-points
LS7_ASIANCAT	LS7CAT	1: poor ; 2: intermediate ; 3: ideal	cumulative LS7 categories (poor, intermediate, ideal) with Asian BMI cut-points
<b>New Personal History and Spirituality questions: (Exam 1A and Exam 2 only, from Templeton consortium)</b>			
PH1NSONS			1. How many living sons do you have?
PH1SONA1			1a. Age of Son - Son 1
PH1SONA2			1a. Age of Son - Son 2
PH1SONA3			1a. Age of Son - Son 3
PH1SONA4			1a. Age of Son - Son 4
PH1NDAUS			2. How many living daughters do you have?
PH1DAUA1			2a. Age of Daughter - Daughter 1
PH1DAUA2			2a. Age of Daughter - Daughter 2
PH1DAUA3			2a. Age of Daughter - Daughter 3
PH1DAUA4			2a. Age of Daughter - Daughter 4
PH1LHOME	PHCH	0: Only a South Asian language ; 1: More a South sian Language than English ; 2: Both Languages equally ; 3: More English than a South Asian Language ; 4: Only English ; 5: Refuse/DK/NA	3a. Language speak at home
PH1LREAD	PHCH	0: Only a South Asian language ; 1: More a South sian Language than English ; 2: Both Languages equally ; 3: More English than a South Asian Language ; 4: Only English ; 5: Refuse/DK/NA	3b. Language prefer to read
PH1LWATCH	PHCH	0: Only a South Asian language ; 1: More a South sian Language than English ; 2: Both Languages equally ; 3: More English than a South Asian Language ; 4: Only English ; 5: Refuse/DK/NA	3c. Language prefer to watch TV
PZ2INCOME	INCOME	0: Less than \$10,000 ; 1: \$10,001 - \$15,000 ; 2: \$15,001 - \$20,000 ; 3: \$20,001 - \$25,000 ; 4: \$25,001 - \$30,000 ; 5: \$30,001 - \$50,000 ; 6: \$50,001 - \$70,000 ; 7: \$70,001 - \$90,000 ; 8: \$90,001 - \$11	4a. Total hosuehold income last year
PZ2NUMSUP			4b. Number supported on income last year

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PZ2EDUMO	EDUCT	0: No schooling ; 1: Grades 1-8 ; 2: Grades 9-11 ; 3: High school degree or GED ; 4: Some college or vocational school ; 5: College graduate or higher ; 6: Don't know/not applicable	5a. Highest grade/level education - Mother
PZ2EDUFA	EDUCT	0: No schooling ; 1: Grades 1-8 ; 2: Grades 9-11 ; 3: High school degree or GED ; 4: Some college or vocational school ; 5: College graduate or higher ; 6: Don't know/not applicable	5b. Highest grade/level education - Father
PZ2EDUCT	EDUCT	0: No schooling ; 1: Grades 1-8 ; 2: Grades 9-11 ; 3: High school degree or GED ; 4: Some college or vocational school ; 5: College graduate or higher ; 6: Don't know/not applicable	5c. Highest grade/level education - Other primary caretaker
PZ2POWNH	YESNO	0: ~No ; 1: Yes	6. Parents own a home during first 10 years of childhood
PZ2NOM11	YESNO	0: ~No ; 1: Yes	7a. Not enough money for food - Up to age 11
PZ2NOM18	YESNO	0: ~No ; 1: Yes	7a. Not enough money for food - Age 12-18
PZ2PUBA11	YESNO	0: ~No ; 1: Yes	7b. Received public assistance - Up to age 11
PZ2PUBA18	YESNO	0: ~No ; 1: Yes	7b. Received public assistance - Age 12-18
PZ3HEALTH	HX	0: Excellent ; 1: Very good ; 2: Good ; 3: Fair ; 4: Poor	9. Health
SZ1SPRELG	HARGX	0: Strongly agree ; 1: Somewhat agree ; 2: Neutral ; 3: Somewhat disagree ; 4: Strongly disagree	1. Spirituality is ... B. about personal relationship with God
SZ1SPENL	HARGX	0: Strongly agree ; 1: Somewhat agree ; 2: Neutral ; 3: Somewhat disagree ; 4: Strongly disagree	1. Spirituality is ... C. search for enlightenment
SZ1SPCON	HARGX	0: Strongly agree ; 1: Somewhat agree ; 2: Neutral ; 3: Somewhat disagree ; 4: Strongly disagree	1. Spirituality is ... D. connection to all life
SZ1SPEMB	HARGX	0: Strongly agree ; 1: Somewhat agree ; 2: Neutral ; 3: Somewhat disagree ; 4: Strongly disagree	1. Spirituality is ... E. embracing traditions of ancestors
SZ1SPCL	ANONE	0: a ; 1: b ; 2: c ; 3: d ; 4: e ; 5: None of the above	1b. Which one is closest to own definition of spirituality
SZ1REPR	HARGX	0: Strongly agree ; 1: Somewhat agree ; 2: Neutral ; 3: Somewhat disagree ; 4: Strongly disagree	2. Being religious is ... A. Identifying with a shared set
SZ1RESTR	HARGX	0: Strongly agree ; 1: Somewhat agree ; 2: Neutral ; 3: Somewhat disagree ; 4: Strongly disagree	2. Being religious is ... B. making efforts to strengthen faith
SZ1RETEA	HARGX	0: Strongly agree ; 1: Somewhat agree ; 2: Neutral ; 3: Somewhat disagree ; 4: Strongly disagree	2. Being religious is ... C. Following formal teachings

**Formats and Labels for Variables in Table 1**

<b>Variables</b>	<b>Format</b>	<b>Format Definition</b>	<b>Label</b>
SZ1RERELG	HARGX	0: Strongly agree ; 1: Somewhat agree ; 2: Neutral ; 3: Somewhat disagree ; 4: Strongly disagree	2. Being religious is ... D. Personal relationship with God
SZ1RECL	ANONE	0: a ; 1: b ; 2: c ; 3: d ; 4: e ; 5: None of the above	2b. Which one is closest to own definition of religious
SZ1DESC	SPIRL	0: Both spiritual and religious ; 1: Religious but not spiritual ; 2: Spiritual but not religious ; 3: Neither spiritual nor religious	3. Which statement best describes you
SZ1CONRS	CONR	0: Very ; 1: Moderately ; 2: Slightly ; 3: Not at all	4. What extent do you consider yourself religious/spiritual